

**PROFESSIONAL MINISTRY TEAM
ANNOTATED BIBLIOGRAPHY**

CLERGY ACADEMIC FORMATION

Academic Formation

Brand, Stewart. *The Clock of the long now: The ideas behind the world's slowest computer.* New York: Perseus, 1999, 187 pp.

Summarizes the work of a think tank that explored the notion of a “long now” by building a clock that ticks once every hundred years. It encourages people think about long-term impacts and consequences rather than be consumed by short-term crises.

Carroll, Jackson. *God's Potters: Pastoral Leadership and the Shaping of Congregations.* Grand Rapids: William Eerdmans Publishing, 2006.

A summary of some of the research findings from the Pulpit and Pew Project which looked at examples and sources of good pastoral leadership in the United States.

Frank, Stanley. *Remember Everything You Read.* Toronto: Random House, 1992. A book for improving one's reading speed and comprehension.

Gamon, David & Bragdon, Allen. *Building mental muscle.* South Yarmouth, MA: Bragdon Publishers, 1998, 319 pp.

Intellectual exercises covering the executive & social functions, memory, emotional, language, math, and spatial skills.

Gardner, Howard (1983; 1993) *Frames of mind: The theory of multiple intelligences,* New York: Basic Books. The second edition was published in Britain by Fontana Press. 466 pp. Explores the notion of multiple intelligences which include musical, bodily-kinesthetic, spatial, interpersonal, and intrapersonal, in addition to the traditional linguistic and logical-mathematical. It is a resource for improving self-esteem especially for people who excel in the more “non-traditional” forms of intelligence.

Gleb, Michael. *Discover Your Genius: How to think like history's ten most revolutionary minds.* New York: Harper Collins, 2002, 350 pp.

Explores the creative genius behind Plato, Elizabeth I, Einstein, Ghandi, and others. Also contains exercises for further developing newly discovered aspects of creativity. Written in a coaching or consulting style.

Harvard Business Press: *On the Mind of the Leader.* Boston: Harvard Business Press, 2005, 175 pp.

Explores the processes that leaders use to gather information and make decisions. Authors of chapters include Warren Bennis, Daniel Goleman, Lynn Offermann, and W.C.H. Prentice.

Hawkins, Jeff. *On Intelligence*. New York: Times Books, 2004, 260 pp.

Brings together some of the latest discoveries regarding how the brain functions and how artificial intelligence might be achieved in the future.

Keegan, Robert. *In over our heads: The mental demands of modern life*. Cambridge, MA: Harvard University Press, 1994.

Builds upon the work of Perry and Kohlberg by presenting five stages of “cognitive complexity,” namely perceptions and impulses, durable structures, mutuality, abstract thinking, and ambiguity and tension . With the rise of the informational society, Kegan suggests that there is a misalignment today between what the culture demands of our minds and out mental capacity to meet those demands.

Lombardo, Michael M. & Eichinger, Robert. *FYI: For Your Improvement*, Minneapolis: Lominger Limited 611 pp., www.lominger.com.

Contains definitions of unskilled, skilled, and overused behavior regarding 167 different leadership competencies with suggested resources for improving each skill.

Pearson Carol S. *Awakening the Heroes Within*. San Francisco: Harper Collins, 1991, 330 pp.

Contains a description of the twelve most common storylines that people experience within their own contexts.

Raudsepp, Eugene. *Creative Growth Games: 75 fascinating games to expand your imagination and unleash your originality*. New York: Perigee Books, 1977.

Contains intellectual development exercises that may be used individually or with groups prior to a brainstorming session, similar to “warming up” before jogging only with your mind. Newer versions of similar books are available in most bookstores.

Strunk, William & White, E. B. *Elements of Style*, New York: MacMillan, Bartleby, 1999, 85 pp. A concise, classic for improving one’s writing. It highlights numerous rules and procedures for avoiding the most common mistakes in writing.

Websites

<http://bible.gospelcom.net/> *Bible Search* - The Bible's text in a searchable format

<http://creativitypool.com/> *Creativity Pool* -- oddball ideas and creativity

<http://www.edge.org/> *The Edge* -- great ideas from the big picture perspective

<http://emergentvillage.com/Site/index.htm> *Emergent Village* -- network for the "emerging church"

<http://earth.google.com/> *Google Earth* -- three-dimensional version of MapQuest, using satellite imagery combined with traditional online mapping software. You zoom in from space and see the terrain in three dimensions from beginning to end of your travel.

www.textweek.com – *Lectionary* resource for preaching.

<http://www.longbets.org/> *Long Bets* -- futurists place charitable bets on competing predictions, and explain their rationales.

<http://radicalmiddle.com/> *Radical Middle* -- views from the political middle, not radical left, not radical right.

<http://www.refdesk.com/> *Reference Desk* – similar to a library's reference desk.

<http://www.relevantmagazine.com/> *Relevant Magazine* -- Gen X and Gen Y faith magazine

www.teach12.com. *The Teaching Company*, similar to “books on tape,” except these are actual college lectures that may be purchased on a variety of topics including architecture, literature, music, rhetoric, and science.

<http://worldchristiandatabase.org/wcd/> *World Christian Database* -- accurate, professional research on major world religions.

Compiled by Jeff Woods

HUMAN FORMATION CLERGY HEALTH RESOURCES

Clergy Human Development focusing on areas of Emotional Intelligence; Physical; Relational; Emotional and Financial Health

* **Bradberry, Travis and Greaves, Jean.** *The Emotional Intelligence Quickbook.* Talentsmart, 2003.

A fast and fun read to get a complete introduction to the world of EQ. Covers such questions as: What is emotional intelligence? Where does it come from? How do you measure it? How do you increase it? How do you teach it to others? Password to an online test reveals What is my EQ?

Colbert, Don. *What Would Jesus Eat?* Nashville, TN: Thomas Nelson, Inc., 2002.

An interesting book about diet and nutrition from a Biblical standpoint, you might find it helpful as you think about your own eating habits. Biblically based and nutritionally sound program includes recipes and practical advice.

* **Cranston, Pamela Lee.** *Clergy Wellness and Mutual Ministry: A Resource for Clergy and Congregations.* Oakland: O'Brien and Whitaker Publishers, Diocese of California, 4th edition, 2000.

Healthy clergy make for healthy parishes. Unfortunately, unhealthy work patterns practiced by clergy in congregations have resulted in burnout, if not actual physical, spiritual, emotional and psychological break-downs. Cranston helps the reader look at the importance of maintaining healthy habits in life as well as work.

Cross, Marie. *The Price of Faith: Exploring Our Choices about Money and Wealth.* Louisville, KY: Geneva Press, 2002.

How we deal with money says as much about Human Development as proper nutrition and rest. Marie Cross attempts to broaden our understanding of "stewardship," to challenge the choices we make about money and wealth, and (in the process) to help us grow together in faith. The book offer the biblical and theological foundations for the ten discussion sessions that are outlined as lesson plans, each with its own clearly defined purpose. This book makes a good resource for an adult study or a church board that wants to take stewardship, discipleship, and mission seriously. It is also a good resource to speak to clergy about personal faithful stewardship.

Foster, Richard J., *Money, Sex & Power.* Harper & Row Publishers, 1985.

Most anything by Richard Foster nourishes my soul and challenges my spirit. That happens again as Foster talks about how money can enhance our relationship with God and bless humankind – and greed corrupts even the act of giving. Foster points out the error in seeing wealth in itself as an assurance of God's blessing, or in considering money "neutral," without moral obligations. He helps us define our own feelings about money, assess honestly our own wealth, work through our failures constructively, and learn to control and use money as God intended it to be used. Financial health is more than just keeping your bills paid, it is a way of life and a way of faithfulness.

Goleman, Daniel. *Emotional Intelligence: Why it can matter more than IQ*. Bantam Books, 1995

Goleman delineates the five crucial skills of emotional intelligence (Knowing one's emotions; Managing emotions; Motivating oneself; Recognizing emotions in others; and Handling relationships), and shows how they determine our success in relationships, work, and even our physical well-being. What emerges is an entirely new way to talk about being smart.

Goleman, Daniel. *Social Intelligence: The New Science of Human Relationships*. Bantam Books, 2006.

Far more than we are consciously aware, our daily encounters with parents, spouses, bosses, and even strangers shape our brains and affect cells throughout our bodies—down to the level of our genes—for good or ill. In *Social Intelligence*, Daniel Goleman explores an emerging new science with startling implications for our interpersonal world. Its most fundamental discovery: we are designed for sociability, constantly engaged in a “neural ballet” that connects us brain to brain with those around us.

*** Graves, Mike. *The Fully Alive Preacher: Recovering from Homiletical Burnout*. Westminster John Knox Press, 2006.**

While Graves' book is about preaching, it has some excellent thoughts to offer about the importance of rhythm and balance in a pastor's life, especially as it revolves around work and play, rest and renewal, and active spirituality.

*** Hotchkiss, Dan. *Ministry and Money: A Guide for Clergy and Their Friends*. Alban Institute, 2002.**

Frank, straightforward guidance for clergy seeking to develop a sound theology of money and skills for church administration, *Ministry and Money* also puts forth a new strategy for self-care, and a confident approach to managing both personal and congregational finances. Alban Senior Consultant and author Dan Hotchkiss wants to help clergy overcome their own anxieties about money matters so they can help others address the personal, social, and congregational aspects of this challenging and often difficult topic.

*** Jones, Kirk. *Rest in the Storm*. Valley Forge: Judson Press, 2001.**

In this comfortable and engaging book, Jones gives several practical suggestions for handling stress and creating a healthier personal environment.

*** Melander, Rochelle, and Harold Eppley. *The Spiritual Leader's Guide to Self-Care*. Bethesda, MD: Alban Institute, Inc., 2002.**

Melander and Eppley define "self-care" as "living the life God has intended for you." In so doing they have created a practical self-care guide for congregational leaders. Six key themes are addressed: creating a life vision, caring for yourself at work, nurturing relationships, caring for physical and material needs (such as the needs for a healthy diet, adequate exercise, and sound finances), caring for spiritual and intellectual needs, and sustaining a life vision. There are suggestions for reflecting, connecting with a partner, and connecting with God.

Oswald, Roy. *Clergy Self-Care: Finding a Balance for Effective Ministry*. Bethesda, MD: Alban Institute, Inc., 1986.

A basic tool for ministry is our own optimal wellness, different for each of us, demanding our attention to wholeness on four levels: physical, emotional, spiritual, intellectual. Self-care strategies presented.

*** Palmer, Parker. *A Hidden Wholeness: The Journey Toward an Undivided Life*. San Francisco: Jossey Bass, 2004.**

Affirming his faith in the reality and integrity of the human soul, Parker Palmer has written a book that calls upon us to live in ways that honor the soul within ourselves and others. He distinguishes the voice of the soul from the voice of the intellect, emotions, will, or ego. He then describes settings and communities in which the soul's voice can be heard. One setting is the "circle of trust," a small group that allows people to reflect upon what matters most to them—without being advised, judged, or manipulated. From such circles, people are enabled to live "undivided lives" that foster healing in the larger world.

Paulsell, Stephanie. *Honoring the Body: Meditations on a Christian Practice*. San Francisco: Jossey-Bass, 2002.

All bodies, not just the few young god and goddess types, are made in God's image. Stephanie Paulsell examines ways we might honor the body through our bathing, clothing, eating, exerting, and resting. She also calls us to honor the body in our sexual expression, our communal meals, and even our suffering.

Shawchuck, Norman and Heuser, Roger. *Leading the Congregation: Caring for Yourself while Serving the People*. Nashville, TN: Abingdon Press, 1993.

Providing a survey course on the roles, functions, and pitfalls of congregational leadership, *Leading the Congregation* could be subtitled "caring for oneself *in order* to midwife the growth and development of the congregation."

Sisk, Ronald D. *The Competent Pastor: Skills and Self-Knowledge for Serving Well*. Alban Institute, 2005

Competence, defined by author Ronald Sisk as "the ability to do what needs to be done," requires ministers to understand themselves and others and to keep a realistic perspective on their lives. Competent pastors function by moving toward this kind of understanding and perspective.

*** Sweet, Leonard. *The Jesus Prescription for a Healthy Life*. Nashville: Abingdon Press, 1996.**

Looking at the stories of Jesus, Sweet reminds us of the health of laughter, exercise, eating, friendships and rest. Jesus' example for living a disciplined life and healthy existence is a challenge to anyone who would seek to follow the Master.

Vincent, Mark. *A Christian View of Money: Celebrating God's Generosity* . Herald Press, 1997.

Practical illustrations of the benefits of our joyful response to God's love. The Seven Initiatives for Congregations is right on target. Especially Initiative One, which states the pastor must take the leadership role in teaching and preaching about stewardship applications, even to knowing the giving patterns of members "as a window into their spiritual walk."

*** If you can only read a few, read these.**

Compiled by John Williams

PASTORAL SKILLS RESOURCES

New Pastors

General

Aderfer, Owen. *The Minister's Manual*. Evangel Publishing House, 1991.

This resource provides weekly scripture illustrations, sermon helps, and dedication services.

Durall, Michael *Beyond the Collection Plate: Overcoming Obstacles to Faithful Giving*. Nashville: Abingdon, 2003.

Grimm, Eugene, *Generous People: How to Encourage Vital Stewardship*. Nashville: Abingdon, 1992.

Part of the Effective Church Series. Good appendix tools for congregational use.

Jones, Jeffrey D. *Traveling Together: A Guide for Disciple-forming Congregations*. Herndon, VA: Alban Institute, 2006.

A new, 21st century approach to discipleship and disciple making congregations.

Law, Eric. *The Wolf Shall Dwell with the Lamb: A Spirituality for Leadership in a Multicultural Community*. St Louis: Chalice Press.

Assistance in working within the context of Multicultural faith communities.

Markham, Ian and Legood, Giles. *Christian Hope, Christian Practice: A Funeral Guide*. Peabody, MA: Hendrickson Publishers, 2004.

McNeal, Reggie. *The Present Future: Six Tough Questions for the Church*. San Francisco: John Wiley and Sons, 2003.

This one really hits us between the eyes with how what questions we ask. Specifically he deals with: The Collapse of the Church Culture, The shift from Church Growth to Kingdom Growth, The New Reformation - Releasing God's People for Service, The Return to Spiritual Formation, The Shift from Planning to Preparation, and The Rise of Apostolic Leadership. I especially like the last section - "Things I didn't say."

Mosser, David and Bauknight, Brian *First Fruits: 14 Sermons on Stewardship*. Nashville: Abingdon Press, 2003.

Olsen, Charles, *Transforming Church Boards into Communities of Spiritual Leaders*. Bethesda, MD: Alban, 1995.

A primer on church transformation.

Olsen, Charles and Morseth, Ellen. *Selecting Church Leaders: A Practice in Spiritual Discipline*. Nashville: Upper Room Books, 2002.

A thoughtful discussion on using discipline of discernment rather than the nominating committee.

Rendle, Gil. *The Multigenerational Congregation*. Bethesda, MD: Alban Institute, 2002.
A help resource for understanding generational life lessons and how those get lived out in congregational life and decision making in the local church.

Roxburgh, Alan J. and Romanuk, Fred. *The Missional Leader: Equipping Your Church to Reach a Changing World*. San Francisco: Jossey-Bass, 2006.
A very good assessment of the need for a change in the way pastors serve as congregational leaders in the 21st century.

Switzer, David K. *Pastoral Care Emergencies*. Minneapolis: Fortress, 2000.
Some thoughtful assistance in times of crisis.

Tibbetts, Orlando L. *The Minister's Handbook*. Valley Forge, PA: Judson Press, 1986.
Even though this book was written 20 years ago, it has good basic information on a variety of aspects of formal ministry, e.g., special occasion worship such as anniversaries, baptisms, and special occasion prayers.

Preaching

McMickle, Marvin A. *The Star Book on Preaching*. Valley Forge, PA: Judson Press, 2006.
This is a basic preaching 101 which includes chapters on Biblical basis for preaching, styles, sermon design, and some sermon outlines for special Sundays.

Taylor, Gardner and Lee, G. Avery: *Perfecting the Pastor's Art: Wisdom from Avery Lee and Gardner Taylor*. Valley Forge, PA: Judson Press, 2005.
This resource contains a good selection of information for newer pastors including pastor counseling help, dealing with difficult people, preaching.

Weddings

Cavanagh, Michael E. *Before the Wedding: Look Before You Leap*. Louisville: Westminster/John Knox, 1994.
Guide for assisting couples in marriage preparation beyond the wedding.

Velander, Peter L., *Premarriage Awareness Inventory* – available through www.logosproductions.com.

The counseling packet includes three surveys:

- F for couples marrying the first time
- C for couples living together presently
- R for couples remarrying

Includes an Administrator's Portfolio and forms for tabulating inventories

Prepare Enrich: This program can be found on www.prepare-enrich.com. It is a good inventory based program for premarital counseling. It is comprehensive and the company scores the material. It requires that you attend an all day workshop for certification.

Funerals

Biddle, Perry H. *Abingdon Funeral Manual*. Nashville: Abingdon, 1990 (revised)
This is a primer for funeral preparation. It is also suitable to carry to grave side services.

Blair, Robert. *The Minister's Funeral Handbook*. Grand Rapids, MI: Baker Books, 1990.
This is the basic manual planning and preparing a funeral and/or grave side service, which includes the dos and don'ts. It has sample eulogies and some poetry samples.

Sourcebook for Funerals, Volumes 1,2,3 available through www.comresources.com.
These are very helpful resources for all different kinds of funerals. They come with CD's for cutting and pasting.

Transitions

Nicolson, Roger. *Temporary Shepherds: A Congregational Handbook for Interim Ministry*. Bethesda, MD: Alban Institute, 1998.

While written for congregations, it is important for a pastor to understand the developmental tasks the churches need to go through when there is a change in leadership.

Oswald, Roy. *Running Through the Thistles: Terminating a Ministerial Relationship within A Parish*. Bethesda, MD: Alban Institute, 1978.

An oldie but still relevant to assist the pastor in being able to have a healthy good-bye.

Experienced Pastors

Byron Jones, Kirk. *Rest in the Storm: Self-Care Strategies for Clergy and Other Caregivers*. Valley Forge, PA: Judson Press, 2001.

Bryon Jones, Kirk. *Addicted to Hurry: Spiritual Strategies for Slowing Down*. Valley Forge, PA: Judson Press, 2005.

Weems, Renita. *Listening for God: A Minister's Journey Through Silence and Doubt*. New York: Simon and Schuster, 1999.

This book addresses the very real doubts and call questions that every pastor goes through at some point in their ministry.

Websites

www.alban.org – multiple resources for local church ministry excellence including books and training events.

<http://www.congregationalresources.org/> - an excellent website that provides a variety of resources in multiple formats including on line tutorials, books, formatted workshops – many free resources – this resource is a joint project of the Alban Institute and the Indianapolis Center for Congregations

www.ethicsdaily.com – daily commentaries regarding topical ethical issues

www.generousgiving.org – stewardship resources

www.guidetofundingministry.net – stewardship resources

www.ministerscouncil.org – provides resources for compensation advocacy, installations and other celebrations, minister/church agreements etc.

www.mmbb.org – provides information on retirement plans, investments, disability plans etc.

Compiled by Judy Allbee

SPIRITUAL HEALTH RESOURCES

Prayers and Practices

Becknell, Thomas, and Mary Ellen Ashcroft. *The Pursuit of Wisdom: 125 Prayers from Timeless Voices*. Valley Forge: Judson Press, 2002.

This rich collection of prayers from around the world and from times ancient and modern are clear, heartfelt, and insightful, and they are compiled here to help you move one step closer in your own pursuit of wisdom.

Cabarrús, Carlos, S.J. *Orar tu propio sueño*. Collegeville, MN, 2006.

Carlos Cabarrús, S.J., doctor e investigador en Antropología cultural y fundador del Instituto Centroamericano de Espiritualidad en Guatemala—el cual dirige—desentraña los sueños en sí mismos para ver la posibilidad de la comunicación con Dios a través de lo onírico. En un momento más metodológico, proporciona pistas para traducir los sueños y para ayudar a orarlos. (This book unlocks dreams in themselves to search for the possibility of communication with God through dreams. It is methodological, as it provides hints to translate dreams and be able to pray them. *Este título disponible solamente en Español./This book is written in Spanish only.*)

Cook, Suzan D. Johnson. *Sister to Sister, Volume 1: Devotions for and from African American Women*. Valley Forge: Judson Press, 1995.

This book of meditations is a source of strength, renewal, healing, and celebration as readers share the contributors' stories of parenting, marriage, the death of a family member, and relationships in general.

Foster, Richard J. *Celebration of Discipline, The Path to Spiritual Growth: 25th Anniversary Edition*. San Francisco: Harper, 1998.

Foster presents the twelve classical spiritual disciplines: inward (meditation, prayer, fasting, study); outward (simplicity, solitude, submission, service); corporate (confession, worship, guidance, celebration).

Foster, Richard J. and Emilie Griffin. *Spiritual Classics: Selected Readings for Individuals and Groups on the Twelve Spiritual Disciplines*. San Francisco: Harper, 2000.

Foster and Griffin exemplify the twelve classic spiritual disciplines through the works of fifty-two great devotional writers of the past.

Goldsmith, Malcolm. *Knowing Me Knowing God: Exploring Your Spirituality with Myers-Briggs*. Nashville: Abingdon Press, 1997.

Goldsmith presents a Spirituality Questionnaire to facilitate understanding of one's own temperament according to the Myers-Briggs Personality Type Indicator. On the basis of that awareness, the book presents material to deepen prayer life and relationship with God.

Hollies, Linda H., Editor. *Sister to Sister, Volume 2: Devotions for and from African American Women*. Valley Forge: Judson Press, 1999.

In this second volume words and prayers of sisters from across the country provide a prescription to redeem, release, and satisfy the soul.

Jones, Tony. *The Sacred Way: Spiritual Practices for Everyday Life*. Grand Rapids: Zondervan, 2005.

Jones, Coordinator of Emergent-US, presents sixteen spiritual disciplines that have flourished throughout the ages and offers practical tips for implementing them in your daily life for a deepening of faith.

***Liturgia de las Horas: Edición Popular*. Collegeville, MN: Liturgical Press, 2006.**

Tamaño ideal para un manejo cómodo. Contiene laudes y vísperas e incluye las antífonas para los domingos de cuaresma y las antífonas del Invitatorio para los tiempos fuertes. (Ideal travel size Liturgy of the Hours. It contains lauds and vespers and it includes the antiphons for the Sundays of Lent and the antiphons for the high holy days.) *Este título disponible solamente en Español./This book is written in Spanish only.*

Loder, Ted. *Guerrillas of Grace: Prayers for the Battle, 20th Anniversary Edition*. Minneapolis: Augsburg Books, 2004.

Simple, eloquent, direct prayers by a former, long-term pastor of a thriving, ethnically-mixed metropolitan congregation of over one thousand members. The prayers in this book help readers to shape prayers in their own honest words.

Michael, Chester P., and Marie C. Norrisey. *Prayer and Temperament: Different Prayer Forms for Different Personality Types*. Charlottesville, VA: The Open Door, Inc., 1991.

This volume presents the results of research on the relationship between the various Myers-Briggs Personality Type Indicator and forms of prayer, as a means to improve one's prayer life. The three major divisions include: an introduction to both Myers-Briggs and the Michael-Norrisey prayer research; a presentation of four basic prayer types focusing on what personality type it appeals to and practical examples of such prayer; and appendices that provide more information on the sixteen Myers-Briggs Personality Types.

Nouwen, Henri. *Bread for the Journey: A Daybook of Wisdom and Faith*. San Francisco: Harper, 1996.

A devotional book of brief daily meditations by a priest whose wisdom was shaped by profound knowledge of Scripture and hands-on caring for God's people.

Peace, Richard. *Contemplative Bible Reading: Experiencing God through Scripture*. Colorado Springs: Navpress Publishing Group, 1999.

A small book *lectio divina* guide for individual and small group study, with discussion of each text and reflection questions. The author is Robert Boyd Munger Chair as Professor of Evangelism and Church Renewal at Fuller Theological Seminary.

Peace, Richard. *Holy Conversation: Talking About God in Everyday Life*. Downers Grove, IL: IVP Connect, 2006.

A twelve-session study guide for talking about one's faith with colleagues as a natural, normative practice.

Tickle, Phyllis. *The Divine Hours: Prayers for Autumn and Winter. The Divine Hours: Prayers for Springtime. The Divine Hours: Prayers for Summertime.* New York: Doubleday, 2006.

Series of fixed-hour prayer manuals edited by Tickle. All released in paperback in 2006. The series follows a modern calendar rather than a liturgical one, and offers prayers and Scripture readings for morning, noon and evening.

Ware, Corrine. *Saint Benedict on the Freeway: A Rule of Life for the 21st Century.* Nashville: Abingdon Press, 2001.

Ware describes how Rule of Benedict functioned as spiritual practice in sixth century and later monasticism, and applies it to contemporary life. The book seeks to present the practices as liberation for a deepened relationship with God rather than as burden.

Wuellner, Flora Slosson. *Feed My Shepherds: Spiritual Healing and Renewal for Those in Christian Leadership.* Nashville: Upper Room Books, 1998.

Flora Wuellner offers healing for wounded clergy and other congregational leader by examining the post-Resurrection appearances of Christ to the first generation of wounded leaders. In her examination of those wounded followers (Mary, Peter, and others), she examines the healing that occurred in those biblical encounters. She relates that first century woundedness to contemporary issues and offers guided imagery meditations for healing.

Reflections on Spirituality

Chittister, Joan. *Heart of Flesh: A Feminist Spirituality for Women and Men.* Grand Rapids, Michigan: Eerdmans, 1998.

Chittister asks all Christians to embrace feminist spirituality: that “brings with it a new image of God to liberate both women and men from the God of the medieval courts and ancient battlefields, the rules and the stopwatch, the transcendently distant and the powerfully masculine. The feminist image of God derives from the face of God who lives in the icon, Jesus... This dimension of God is humble and feeling, nonviolent and empowering. Jesus, the feminist image of God, cures and loves, is vulnerable and receptive, laughs and dances at wedding feasts, cries tears and feels pain.”

George, Timothy, Editor, and Alister E. McGrath. *For All the Saints: Evangelical Theology and Christian Spirituality.* Louisville: Westminster John Knox Press, 2003.

Essays from leading evangelical theologians and writers address the integration of evangelical theology and spirituality. Writings reflect on coinherence of theology and spirituality, as well as biblical and classical sources for spiritual formation.

Hernandez, Wil. *Henri Nouwen: A Spirituality of Imperfection.* Mahwah, NJ: Paulist Press, 2006.

Hernandez serves as the Director of Community Formation at Evergreen Baptist Church, an American Baptist Church in Los Angeles. In addition, he teaches a course on the spirituality of Henri Nouwen at Fuller Theological Seminary. His book speaks to pastoral leaders on our own formation by showing how Nouwen’s pursuit of the spiritual life and its formation was driven by his own experience of imperfection

Hinson, E. Glenn. *Spiritual Preparation for Christian Leadership*. Nashville: Upper Room Books, 1999.

Hinson addresses the problem of leadership burnout, a spiritual exhaustion caused by a stressful vocation and high expectations imposed on as well as by pastoral leaders. He recommends attentiveness to God, developing a relationship with God, and learning to know God, not just about God.

McLaren, Brian. *A New Kind of Christian: A Tale of Two Friends on a Spiritual Journey*. San Francisco: Jossey-Bass, 2001.

Brian McLaren, one of *TIME* magazine's "25 Most Influential Evangelicals in America," presents through a fictional dialogue between a burnt-out pastor and a high school science teacher (who is a former pastor) the concept of our age standing at the brink of postmodernity. McLaren describes this process as a journey of Holy Spirit-guided faith "through the winds and currents of change."

McLaren, Brian. *The Secret Message of Jesus: Uncovering the Truth that Could Change Everything*. Nashville: W Publishing Group, 2006.

The Kingdom of God is not just some spiritual place beyond time but here and now among us. McLaren's call is to live not by the values of the world's kingdoms but by the values of God's Kingdom in which Jesus instructed and to which he invites. "What if Jesus' secret message reveals a secret plan? What if he didn't come to start a new religion - but rather came to start a political, social, religious, artistic, economic, intellectual, and spiritual revolution that would give birth to a new world?" (p. 4)

Packer, J.I. *Knowing God*. Downers Grove, IL: InterVarsity Press, 1993.

A twentieth anniversary edition of a classic that presents knowing God as knowing God's Word on such topics as trinity, election, God's wrath, and God's sovereignty.

Packer, J.I. and Carolyn Nystrom. *Praying: Finding Our Way Through Duty to Delight*. Downers Grove: InterVarsity Press, 2006.

As J. I. Packer and Carolyn Nystrom explain, this book "is a heart-to-heart affair, in which two Christians who try to pray and wish they prayed better share thoughts about what they are doing with people whom they envisage as being like themselves. . . . Our aim is not just to clarify Christian understanding but to foster Christian living. In real praying, head, heart and hands go together."

Palmer, Parker J. *A Hidden Wholeness: The Journey Toward an Undivided Life*. San Francisco: Jossey-Bass, 2004.

Parker addresses the yearning for a life that is whole and undivided, the midst of a world fraught with fragmentation. His focus on life as a journey that we take both in solitude and in the company of other persons toward the goal of being no longer divided is developed through four themes: the shape of an integral life, the meaning of community, teaching and learning for transformation, and nonviolent social change.

Palmer, Parker J. *The Active Life: A Spirituality of Work, Creativity, and Caring*. San Francisco: Jossey-Bass, 1999.

The author shows that the spiritual life does not mean abandoning the world but engaging it more deeply through life-giving action. He celebrates both the problems and potentials of the active life, revealing how much they have to teach us about ourselves, the world, and God.

Piper, John. *Desiring God: Meditations of a Christian Hedonist*. Portland: Multnomah, 2003.

This book on Christian motivation begins: "This is a serious book about being happy in God," and makes the case that God is most glorified in us when we are most satisfied in God. Revised and Expanded edition of the 1986 original.

Piper, John. *Taste and See: Savoring the Supremacy of God in All of Life*. Portland: Multnomah, 2005.

A revision and updating of an earlier book, this one presents 120 substantial daily meditations that include in-depth reflections on current controversial topics.

Placher, William C. *Callings: Twenty Centuries of Christian Wisdom on Vocation*. Grand Rapids: Wm. B. Eerdmans, 2005.

An anthology of biblical texts and great Christian writings on life's purpose and vocation, to companion reflections on what God is calling us to do.

Rolheiser, Ronald. *The Holy Longing: Guidelines for a Christian Spirituality*. New York: Doubleday, 2006.

"Long before we do anything explicitly religious at all, we have to do something about the fire that burns within us," writes Ronald Rolheiser. "What we do with that fire, how we channel it, is our spirituality." At the heart of a healthy Christian spiritual life, he says, there must be four essentials: "private prayer and private morality; social justice; mellowness of heart and spirit; and community as a constitutive element of true worship."

Schwehn, Mark R., and Dorothy C. Bass. *Leading Lives That Matter: What We Should Do And Who We Should Be*. Grand Rapids: Wm. B. Eerdmans, 2006.

An anthology of writings that address the relationships of vocation, identity, family, balance, worth, the book speaks to the longing to shape a well-lived life.

Willard, Dallas. *Renovation of the Heart: Putting on the Character of Christ*. Navpress Publishing Group, 2002.

Transformation of the spirit is the process for all who would walk in the way of Jesus Christ. Beginning with an explication of spiritual formation, Willard then outlines the avenues through which transformation takes place, including thoughts, feelings, choices, social context, the body, and the soul.

Willard, Dallas. *The Divine Conspiracy: Rediscovering Our Hidden Life in God*. San Francisco: Harper, 1998.

“The book I have been searching for all my life,” says Richard Foster. Willard, University of Southern California Professor of Philosophy explores God's conspiracy to undermine evil with good through the discipleship of God's people and urges us to the imitation of Christ rather than “consumer Christianity that mistakes the logo for the Logos.”

Stories of Lives

Butler Bass, Diana. *Strength for the Journey: A Pilgrimage of Faith in Community*. San Francisco: Jossey-Bass, 2004.

Spiritual autobiography of the Senior Fellow at the Cathedral College at the Washington National Cathedral who was Senior Research Fellow and Director of the Project on Congregations of Intentional Practice from 2002- 2006, a Lilly Endowment funded study of mainline Protestant vitality. The book tells of a soul's search for God and communion with God's people

Key, William J., and Robert Johnson-Smith, II. *From One Brother to Another: Voices of African American Men*. Valley Forge: Judson Press, 1996.

This collection of voices from many fields—politics, religion, business, and law—reflects struggles, triumphs, hopes, and dreams of African American men of all ages and socioeconomic levels as they consider issues that affect them each day.

Mother Teresa. *Meditations from a Simple Path*. New York: Ballantine Books, 1996.

The themes of the simple life of this saint poured out in service are described as fruits of the Spirit experienced in prayer, faith, love, service and peace.

Tarango, Yolanda. *Asi Es: Stories of Hispanic Spirituality*. Collegeville, MN: Liturgical Press, 1994.

These stories of fifteen different individuals present a glimpse of spirituality from various Latin cultures such as Mexican-Americans, Mexican, Puerto Rican, Cuban, Guatemalan, and Salvadorian traditions who live in the United States.

Wright, Jeremiah, Jr. *From One Brother to Another, Volume 2: Voices of African American Men*. Valley Forge: Judson Press, 2003.

This follow-up volume to the best-selling *From One Brother to Another* reflects the thoughts, hopes, and dreams of African American men from a variety of fields including politics, religion, business, law, and many others. Renowned pastor and preacher Jeremiah A. Wright Jr. has gathered reflections on such themes as unity, peace, justice, faith, liberation, family, responsibility, perseverance, hope, and diversity.

Compiled by Kate Harvey